

Passion Search: A Journey

Passion Search is a self-help book that guides readers through a journey of self-exploration. It is a lighthearted ramble through one man's search for fulfillment and happiness. Sam woke up one morning wondering what was wrong. Something didn't feel right. He didn't know it, but he was about to begin a journey. Sam reached out to the people around him and through their stories and experiences he pieced together a better understanding of fulfillment, happiness, and the pursuit of passion.

In *Passion Search*, each character contributes a new clue that helps Sam advance in his search. One coworker explains that people seldom understand what makes them come out of a "deep sleep," but we must be sure to take advantage of such an opportunity. His search leads him to Efil, a Yoda-like talking frog, who acts as a stalwart mentor as Sam reviews his life and actions in the context of a "life on film" approach. Efil, life spelled backwards, serves as a point of wisdom where people of all beliefs can relate at a personal level.

Scott Trent, an entrepreneur, motivational speaker, and writer has offered a set of guidelines that will keep us focused on our goals. *Passion Search* is not only fun to read, but states its points with an elegant simplicity that encourages and reminds readers rather than force-feeding them a set of homilies.

This is an entertaining and self-exploring reading experience, somewhat akin to books such as *Orbiting the Giant Hairball*, *Who Moved My Cheese*, and *The One-Minute Manager* series. The training opportunities from this topic compare to such books as *Fish!* and *The Artist's Way*.

