

Leap of Faith

It's been quite some time since I looked forward to sitting down with a coloring book. As adults, we often think we don't have time for such pleasures or frivolous fun. *Leap of Faith*, subtitled *A Coloring Book for Grownups*, is a book for both pleasure and constructive life improvement.

Written by Scott Trent, a motivational speaker and entrepreneur, *Leap of Faith* is a charming and instructional walk through life with a contemporary Everyman who decides one day to "catch a shooting star." The reader follows the main character through his quest for happiness. Eventually he finds Efil, who gives him the soundest advice of all: To find true happiness, "You must take a leap of faith."

Our hero's strength and conviction finally allow him to take that first, difficult leap of faith, moving his life into a risky but exciting unknown that brings him closer to his dreams. From that first rocky leap, he moves forward with passion, forever changing his life. He shares his secret with his daughter: "Anything is possible if we have faith, believe in ourselves, and explore beyond our imagination. This insight will open a world of possibilities and create a life of fulfillment and joy."

Scott's coloring book not only tells a delightful and motivating story, it is fully interactive, inviting the reader to list goals, dreams, and opportunities, tell personal thoughts and stories, draw shooting stars, and describe poignant moments. The coloring book is well thought out and executed and cheerfully, whimsically illustrated. While some might see it as purely fun or possibly frivolous, as one who has personally followed the hard road to living a dream, I found it enlightening and elevating, with a broad audience appeal.

