

Bohm **DIALOGUE**

s c o t t t r e n t

Bohm Dialogue can enhance the communication process and improve the quality of the message. As information moves faster, in larger quantities, with greater global relevance, data integrity becomes essential to survival.



- 1917 - 1992
- Quantum Physicist
- “The man Einstein once spoke of as his intellectual successor.” (5)
- Collaborated with Jiddu Krishnamurti

Bohm: We could resolve Cartesian split between mind and matter,
or between brain and consciousness.

Dialogue

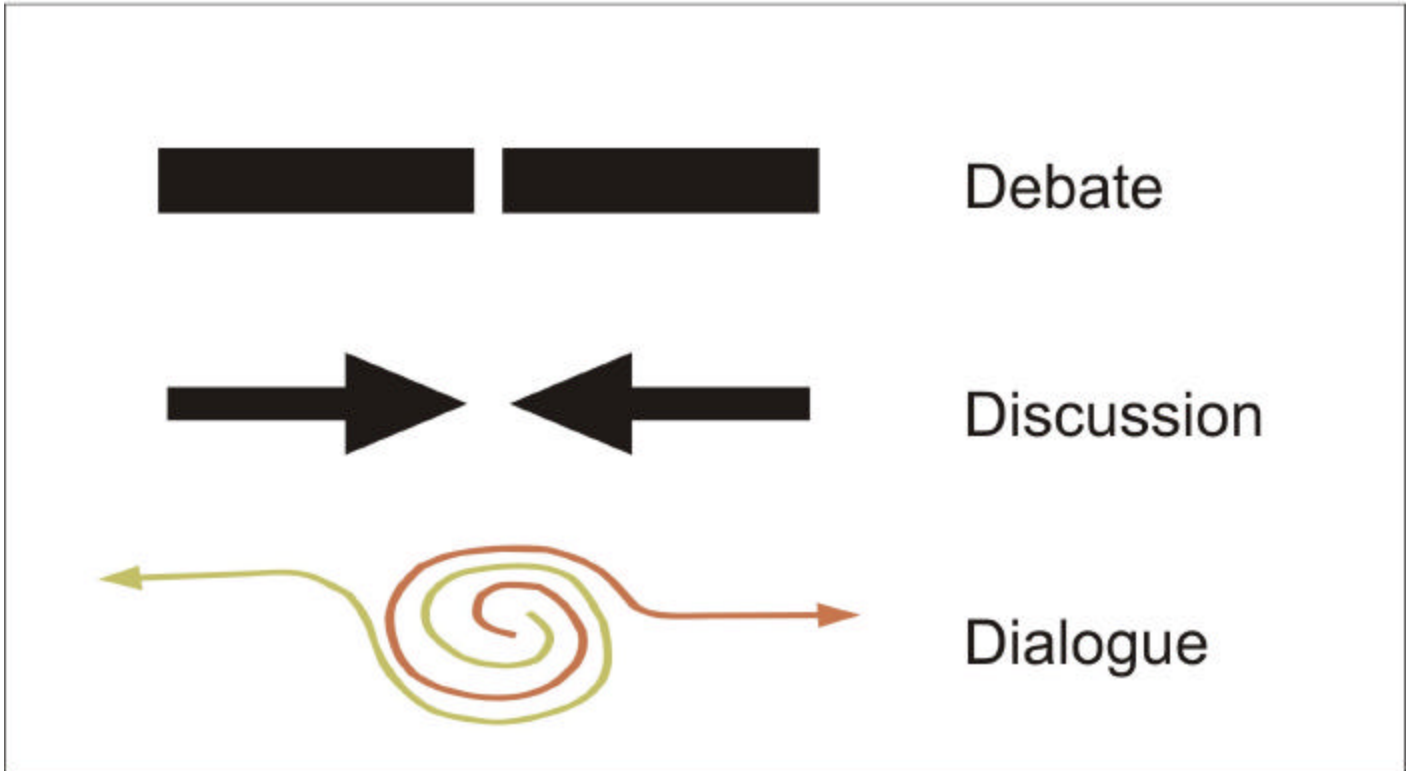
B

A disciplined approach to a higher level of communication which generates a previously unrealized understanding, insight, or truth.

B

Communication that addresses data integrity.

Definition



Until one recognizes and suspends their personal identification with their assumptions and opinions, that individual will continue to find themselves in conflict, unable to discover a common ground.

We cannot hope to create a new paradigm with our feet,
and our thinking, firmly planted in the old one.
How do we bridge the gap?

By becoming aware of how our thinking has shaped our
strategies, behaviors, and results; by being willing to
suspend our judgments and perceive reality in new ways.

Einstein

Model

**SEEK
KNOW
LEDGE**

Listen

**RE -
WIRE
REAL**

Perceive Reality Differently

**DIA
LOG**

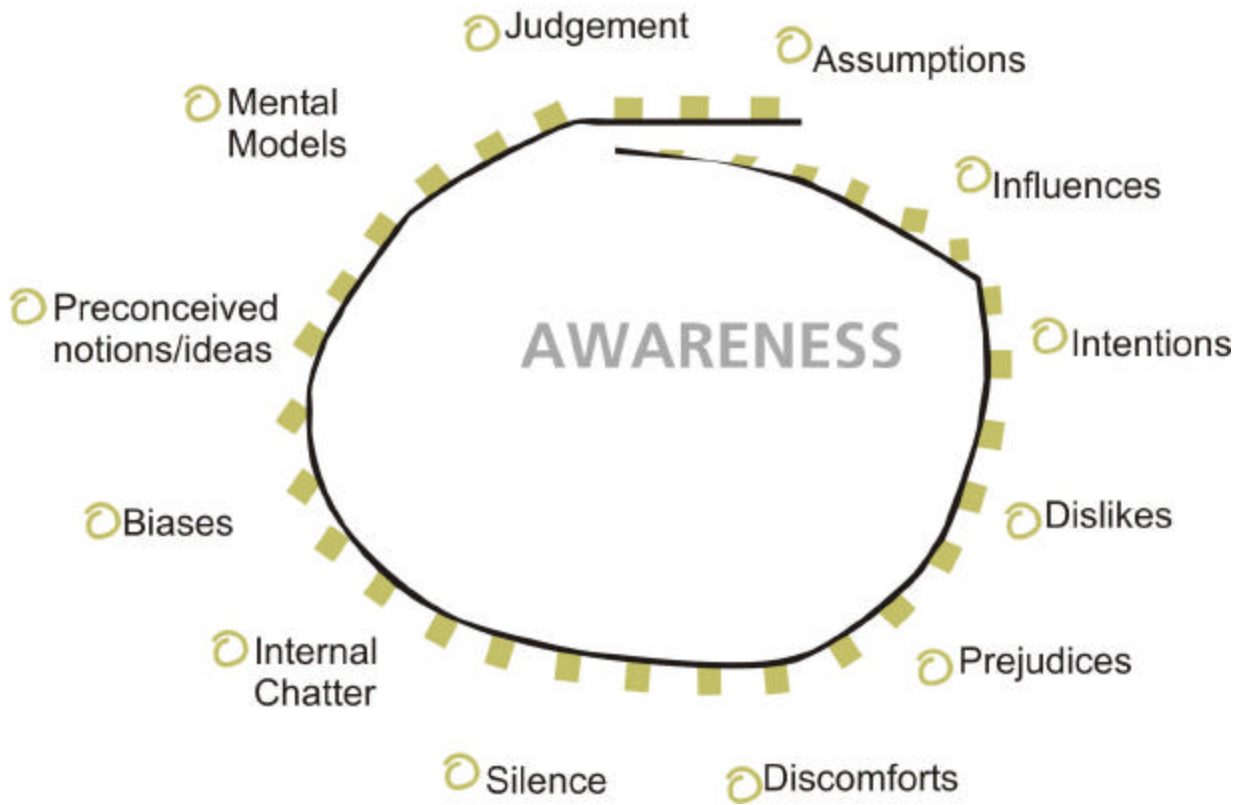
Create

Dialogue addresses data integrity. No matter the platform, venue, or media, data integrity is critical to effective communication.

Key elements

- 1.) Understand own response.
- 2.) Suspend judgment of “right” or “wrong.”
- 3.) Listen to understand.
- 4.) Detach self from beliefs.

Elements



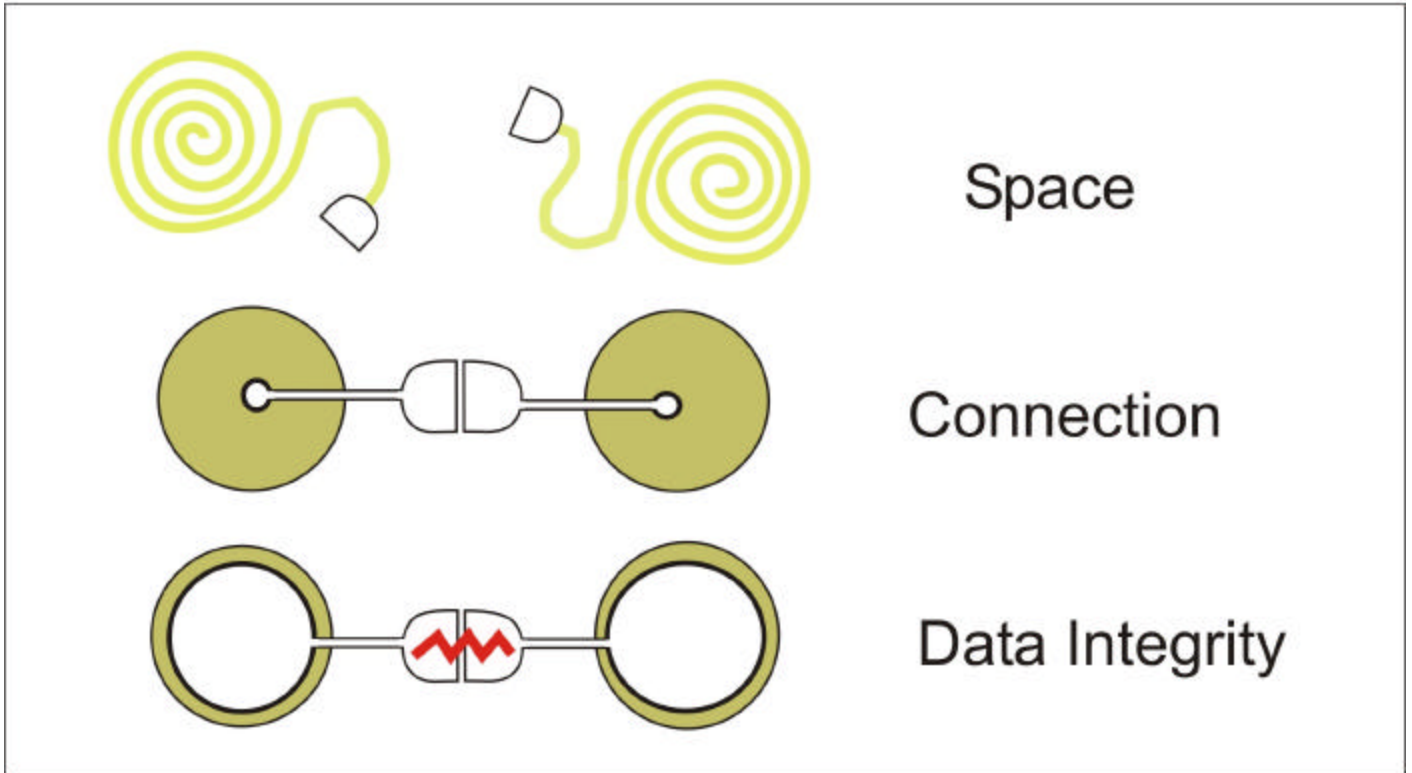
SELF AWARENESS: In the very act of identifying an assumption, one begins the process of suspending it.

Communication

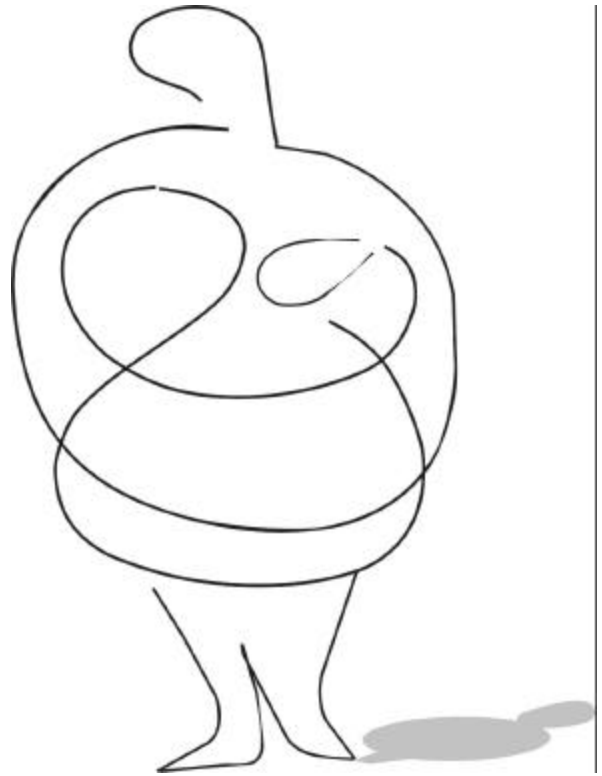
Issues:

- What's being transmitted.
- What's not being transmitted.
- What's being received.
- What's the interpretation.
- How it is processed.
- Response.
- Resulting actions.

Results



Technology can expand, increase, and amplify the transfer of information.
Without quality data, the message will be corrupted at best.

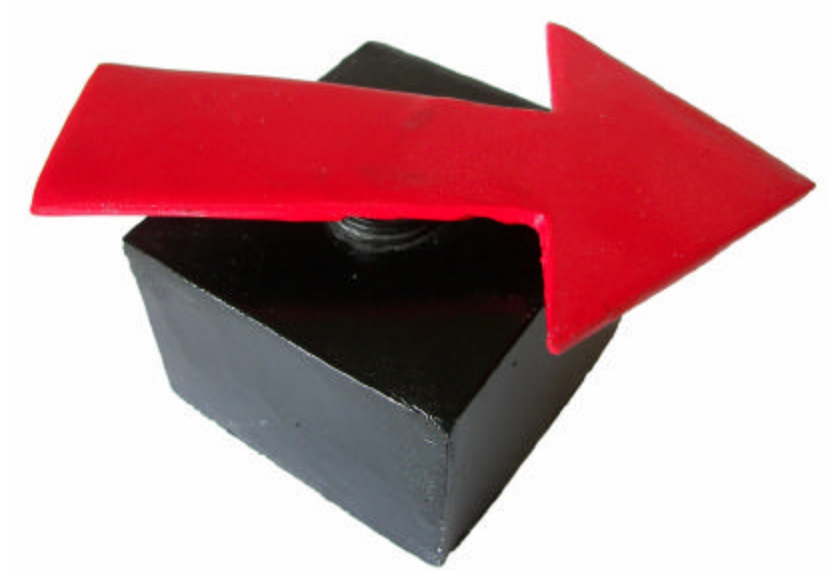


As long as an individual believes their perception is identical with who they are, they will be unwilling to see from another's perspective. To do so, would mean giving up who they are.

Dialogue Projects

- Communication Flow
- Dialogue Box
- Experiential Program
- Business Application
- Proposed project IQ

Communication Flow Device



Communication Flow Device

A small metal box with a bright red arrow which rotates a full 360 degrees was created to track the flow of a conversation. The arrow is directed towards the individual talking and follows the conversation, stressing who is talking and how long. The movement, lack of movement, or halting motion of the arrow gives an accurate gauge of the conversation flow. This device works under the premise that self-awareness facilitates effective dialogue.

Dialogue Box



dbox

Dialogue Box

Title: Talk Box: A place where ideas are explored.

Mission:

In an effort to encourage dialogue, a space (box) has been created that forces a face to face encounter. Inside the space are six questions and images that explore art and the technology age driven by an ambient soundscape.

Description:

A box sits on a castor in front of a banner backdrop of the history of humankind. The box allows participants to look into an enclosed space (box) with 3 questions on one wall and corresponding images on the opposite side. Three different questions and images are displayed on the adjoining walls. A three-minute ambient soundscape loops in the background with a voice overlay which adds supplemental questions to the six primary questions and prompts the participants to interact–Talk.



Experiential Program

Practicing Mindful Listening

What's not being said?

(5) I. What do you think of me?

Do you trust me?

Do you like me?

(Write answers on a sheet of paper.)

(5) II. Intro- (handouts) *Listening is a gift rarely given.*

- Who am I?
- Who are you?

Purpose: Practice mindful listening

Goal: Create a definition

Theme: What's not being said?

(5) III. Process initial questions: assumptions, ladder of inference

(10) IV. Model Communication & listening interconnected

Pass arrow (Communication Flow Indicator)

Experiential Program

(30) V. Activity- (2 groups of 8) facilitated

Purpose: Observe yourself & barriers to listening/communicating

Objective: Note-

- Think (understand)
- Hear (non-judgmental)
- Say (generative)

Rules:

1. One person at a time
2. Listen with transparency
3. Listen to create (not convince, defend, justify, explain, or support)

Arrow

- Who's speaking?
- Where's attention?
- List on board barriers & point

(10) VI. Processing questions-

1. Describe the process/barriers.
2. What was not being said?
3. What role did the arrow play?

(15) VII. What is mindful listening? (brainstorm on board)

Practicing Mindful Listening



What's not being said?



By observing ones' own thoughts, we are able to separate self from thoughts.

Ladder of Inferences

Few of us learn truly to think for ourselves. He or she who does is sure "to be misunderstood."

Most of the assumptions we hold were acquired from a pool of culturally acceptable assumptions.

Dialogue

- Think (understanding)
- Hear (non-judgemental)
- Say (generative)

Think Say Hear

What is mindful listening?



Business Application

Dialogue sessions

Idea

Dialog, from the Greek word dialogos, literally means, "To speak with each other." The idea is to conduct monthly facilitated meetings within the work environment that emphasize the individual's personal hopes, dreams, and ambitions. The meetings would last 1.5 hours for 6-8 people, focused on the individual and improving interpersonal communication.

Objective

Create a win/win scenario for the company and employees where people feel recognized, promoted, supported, and appreciated as individuals within the corporate structure and organizations get a happy, highly motivated workforce that find enjoyment from their peers and pleasure in their jobs.

Concept

A different way for employees to connect that promotes the individual and nourishes the soul. The dialog sessions concept is an opportunity for co-workers to experience each other in a different light and develop a fuller respect for the person. The idea that a happier employee is more efficient, productive, and healthier which all add to the company's profit margin is the motivation for organizations to invest the time. The idea that people need recognition and appreciation is the driving force for employees to participate. The dialog session provides a professionally facilitated, safe environment that allows people to publicly explore their inner self and be heard and understood by their peers. This connection allows workers to see each other as quality individuals and bond as unique people; which can add depth to their professional relationships.

Business Application continued

Premise

Often workers connect with each other by complaining or commenting on negative working conditions, the dialog sessions are a dedicated meeting time, supported by management that promotes positive communication among co-workers. People spend ¼ of their lives at work and this is rarely the most nurturing or positive environment for the individual. Work represents time away from family, friends, and loved ones. Many people don't consider their employment as fulfilling, enjoyable, or even stimulating.

This could be as simple as the job not being relevant to a worker's personal interests. Dialog sessions attempt to intertwine people's deepest passions into the work culture. Peers at work don't always share similar interests, beliefs, or values. Workers can be extremely diverse; in addition to the fact that they are separated by offices, cubicles, and day to day demands which can make it extremely difficult to connect. People are forced to bond in confined spaces, literally and metaphorically, and cram conversations into 30 minute lunches or 15 minute breaks, or somewhere between deadlines and daily duties. Needless to say, communication is fragmented and inhospitable to intimacy, personal promotion and individual growth. Couple this with the tendency to gossip and complain about everything from pay to mismanagement issues and it makes sense that we don't maximize our workforce or create high-morale work environments.

Details

- 1 year program with monthly meetings, except December.
- Meetings are on-site for 1.5 hours
- Group size is 6-8 people,
- Meetings are open to all employees on a volunteer basis.
- All sessions are facilitated by a non participant.
- Group members rotate except the last three sessions.
- Meetings are dialogue which follows a pre-determined topic.
- Topics are detailed on a form that must be completed and brought to the following meeting.

Business Application continued

Meeting Rules

- Meeting length is 1.5 hours (paid) during company hours
- 8 minutes maximum time for each participant
- Must bring signed pre-form to participate
- First 15 minutes is group communication activity/exercise
- No distraction/interruptions allowed
- No positions or assigned roles beyond the facilitator
- No judging, sarcasm, or negative feedback
- Open, authentic, respectful communication expected.
- Confidentiality is enforced.
- Participants are encouraged to ask questions, only for clarification.

Topics (In order)

- Favorites/New Year resolutions
- Positive thoughts
- Best idea
- Brightest moment
- Passions
- Dreams
- Open (2)
- Group Suggestions (3) {groups stay intact}

Project IQ proposal

ATEC Brand Project Identity Q

Ideas

- Wars!
 - ATEC vs Art
 - Art vs Technology
 - Art the Tower
- Create an interactive building
- ATEC trading cards
- ATEC comic book
- ATEC web site... duh.
- Competition- create an image/mascot
- Contest-
- Class
 - dedicated class
 - project within a class
 - independent studies
- Project
- Contest
- Align with ATEC showcase event

Project IQ continued

Noted designs-

- Nike icon- graphic image
- MTV iconic graphic
- d.school topography
- TI text heavy

Questions:

- Who is ATEC?
- What does an ATEC student look like?
- Who are professors of ATEC?
- Elements of program?
- What does ATEC represent?

Plan:

1. Vision
2. Mission
3. Plan
4. Manifesto
5. Movement- Events
6. Results

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