

An Amateur's Guide to Building a Deck and Life.

10 Steps to Pursuing your Passion.

1. Talents & Interests

Start with an inventory of your likes and talents. List everything you enjoy, what you're good at, and abilities that seem natural.

2. Core Passions

Now identify the common thread that runs through your lists of talents and interests. Sort out the most fundamental, core interests. These are interests that energize you, make you feel your best, or when you shine the brightest.

3. Mind the Gap

The gap describes the space between today and where a person wants to be in the future. To create change, focus must include this space.

4. Be-Do-Have

The formula is be yourself and act authentically and you will have what you need. To connect with who we are, allows our actions to match our core interests, and our needs will be met.

5. Leap of Faith

Wherever there is change or the potential for growth, a leap of faith is necessary. The heart can serve as a guide only when the desire for change becomes stronger than the fear of the unknown. The unknown comes from not seeing what we don't have. Unimaginable results come from a leap of faith.

6. Distractions

Distractions move us away from our core passions. Distractions are not good or bad; they are necessary and represent every aspect of life. The challenge is to make a conscious decision when to act or not.

7. Journey *and* Destination

Passion is not a point on a map or a day on the calendar. It is a perspective and a lifestyle. A passionate life is the journey and the destination. This awareness helps make the most of every moment.

8. Support network

There are promoters and then everyone else.

A promoter recognizes our brilliance and supports us. We must surround ourselves with these people.

9. Be Brilliant!

We all have the ability to be above average, and beyond awesome. The closer one gets in the pursuit of their passion, the more often there are opportunities to be brilliant.

10. Live from the Heart

To live from the heart is a reflection of our core values. It gives us guidance in our actions and confidence in our decisions. This perspective allows people to live from a place of courage and convictions instead of fear.

